

## Patient Participation Group Talk and Presentation

Tuesday June 19th 2018 7pm at Billericay Medical Practice, Stock Road Billericay

Loretta Sollars, from the Children, Young People and Families Team at Public Health England (and a local Billericay resident and GP patient) will deliver a Talk on:

### How to help your family to be healthy and happy



To book your place at this Talk please telephone the PPG on 01277 626321, or complete one of the booking slips in the Waiting Room.

**NHS 70th Birthday Celebration**, it is 70 years since the forming of the NHS - the anniversary has been frequently in the news recently. The Clinical Commissioning Group has invited several of our patients active in Patient Engagement to a Garden Party at St. Lukes Hospice on July 5th.



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## Billericay Medical Practice

### Patient Participation Group Newsletter

Edition 29 June 2018



### Patient Participation Group (PPG) Update

The Patient Participation Group for Billericay Medical Practice held its Annual Meeting back in March and elected the following volunteer officers:

Chair:	Marion Wilson
Vice-Chair	John Wheeler
Secretary	Margaret Dunn
Treasurer	Jennifer Warren
Cmte. Members	Sue Capes, Maureen Dann, Hazel Dexter, Catherine Ferrell, Jackie Malbon, Terry Rothery

Apart from our next PPG Talk on June 19th (on the topic of "Healthy Families" - to book see back page this Newsletter), we are planning to celebrate and inform patients about Patient Participation during the **National Patient Participation Awareness Week 4 - 9 June 2018**, look out for PPG members in the Practice Waiting Room!

## Practice Report for the Patient Participation Group, January 2018 - Report from Peter Tyrrell (Practice Manager)

### GP and Surgery Updates

#### Staffing

Dr Fernie has resigned from the Practice and will be leaving at the end of October 2018. The Partners are currently interviewing for her replacement.

After more than 20 years service to the Practice, Sue, one of the Medical Secretaries will be retiring. Sue leaves at the end of July.

#### Locum Doctors

In addition to Dr Lazell, Dr Singh and Dr Jameson have been recruited by the Practice as Locum GPs. These Doctors are assisting the Practice while the Partners are recruiting salaried GPs.

#### General Data Protection Regulations (GDPR)

To comply with the new GDPR regulations all virtual Patient Participation Group (PPG) members have been contacted to ask them to opt in if they still wish to continue to receive communications via email by the Practice on behalf of the PPG.

#### Wi-Fi

NHS England has installed WIFI into the building and this is available for patients to use while waiting in the Waiting Room.

#### “Care Navigation” Update

As part of the extension plans for **Care Navigation** at point of contact with GP Practices, patients may soon be asked what your requirement for an appointment is concerning so that they may be directed to an appropriate service.

#### Apologies, future works at the Practice!

There was a power cut to the surgery on the morning of Tuesday 29th May, and it was not possible then to telephone or come into the Practice. In mid June a new telephone system is being installed for the Practice and we apologise for any actual or possible inconvenience to patients.

## Self Care, Care Navigation, and other NHS Clinical Commissioning Group Initiatives — Patient Workshop on May 22nd 2018.



“What fits your busy schedule better, exercising one hour a day or being dead 24 hours a day?”

Our Patient Participation Group Secretary Margaret Dunn recently attended this workshop and reported it as “Very Good”. Self Care and Care Navigation are linked—both ideas or rather concepts can be started by the patient by looking out for your own health better and/or referring yourself for health and social advice to make you feel and be healthier in mind and body. Recently the NHS in our area has started a telephone based **Care Navigation** service which a GP can advise you of, or you can call up the service yourself. On 0300 303 9988. To summarise other Care Navigation descriptions it is a service you can contact to be directed to advice and support for matters such as housing, finances, lifestyle management and community activities. As many people often bring these issues to their GP for attention it is very much a way of helping patients to access support and advice on such non urgent medical matters from those practitioners and providers more equipped. An example would be getting details on how to contact a local Ramblers Association Group for someone seeking walking for health in the company of others with similar objectives. The concept is admirable, but requires more funding and specialist trained staff to also be fully provided by local GP Practices.